

Warrior Wellness Retreat

Veteran Transformation Report — **Your Cost = \$0***

Mind. Mission. Renewal. *You Served. Now it's Time to Heal.*

Core services for eligible service-connected care are billed under VA Foreign Medical Program (FMP). Rewards are donor/partner supported and capacity-limited.

Phases at a Glance

Phase 1 — 90 Days

Your Cost = \$0*

- **Phase 1A:** Up to 30 days Inpatient (Acute/Intense)
- **Phase 1B:** Remaining days Residential (Moderate)
- **Reward:** 5-Day Peru Trip (Rainbow Mountain)**

Phase 2 — Second 90 Days

Your Cost = \$0*

- Residential + Advanced Integration
- **Reward:** Furnished U.S. Apartment (6 months paid)**

Return Option (Next Calendar Year)

Your Cost = \$0*

- Eligible graduates may re-apply to return

Adjunctive Therapies

- Oxygen, decompression, float, massage
- Acupuncture, neurofeedback, hot/cold
- Breathwork, yoga, equine, nature immersion

* For eligible service-connected care approved by VA under the Foreign Medical Program (FMP). We guide your registration and request preapproval once you receive your FMP letter.

** Rewards (Peru trip & U.S. apartment) are supported by donations/partners; eligibility, capacity, and availability apply.

Quick Mission Brief

- **Phase 1 (90 days) — Phase 1A: up to 30 days inpatient** (acute/intense, based on individual needs), then **Phase 1B: remaining days residential** (moderate) in Colombia. Goal: full nervous-system reset. **Your Cost = \$0***
- **Phase 1 Reward** (successful, penalty-free completion): guided **5-day Peru trip** to Rainbow Mountain. Donations/partners; capacity-limited**.
- **Phase 2 (second 90 days) —** advanced integration & stress-testing of skills in structured residential care. **Your Cost = \$0***
- **Phase 2 Reward** (successful, penalty-free completion): **fully furnished U.S. apartment with first 6 months' rent paid**. Donations/partners; eligibility & capacity apply**.
- **Return Option** — eligible graduates may re-apply to return the following calendar year. **Your Cost = \$0***
- **Targets:** calmer baseline, deeper sleep, fewer triggers, steadier mood, improved focus/memory, stronger family connection, renewed mission.

The Science & Structure of Healing

- Structured nervous-system retraining; daily repetition; novel environment
- Clinician access & peer accountability; adjustments in real time
- **Included therapies:** oxygen, decompression, float, massage, acupuncture, neurofeedback, hot/cold, breathwork, yoga, equine, nature immersion

Inside the 90-Day Experience

- **Morning:** breathwork, circadian cues, skill practice
- **Mid-Day:** adjunctive therapy block, 1:1 sessions
- **Afternoon:** nature immersion, integration drills
- **Evening:** peer circle, wind-down, sleep

Travel, Escort & Safety

Escorted door-to-door from your closest major U.S. airport hub; secure transfers; sleep-first schedules. Successful Phase 1 graduates join a guided 5-day Peru trip before Phase 2 (donor-supported, capacity-limited).

Results & Testimonials

- **Clarity & Sleep** — fewer 3 a.m. wakeups, clearer afternoons
- **Family Connection** — reduced irritability; better listening
- **Mission Renewed** — daily reset routine; return to goals

Common Concerns — Straight Answers

- Immersion + environment = faster learning & retention
- Licensed clinician oversight & safety planning
- FMP covers eligible service-connected care outside the U.S.

Final Instructions — Simple Checklist

1. Schedule your free video intake
2. Apply for the VA Foreign Medical Program (FMP)
3. Get or renew your U.S. passport

© Warrior Wellness LLC • *Your Cost = \$0** for core services (FMP eligible)